



January-February 2020

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FIND THE Beaumont-Wilshire
Neighborhood Association
ONLINE AT www.bwna.us

BWNA Calendar of Events

Community Events

**City Council Residential Infill
Project (RIP) Hearing**
Wednesday, January 15
beginning at 9:30 a.m.
Council Chambers (2nd Floor)
City Hall, 1221 SW 4th Avenue
for updates: [portlandoregon.gov/
bps/article/555758](http://portlandoregon.gov/bps/article/555758)
for RIP info: [portlandoregon.gov/
bps/infill](http://portlandoregon.gov/bps/infill)
(see article on page 8)

**Friends of Wilshire Park Committee
Open House Fundraiser**
Saturday, February 1
noon-8:00 p.m.
3724 NE 36th Avenue
(see article on page 1)

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Beaumont Village ins, outs, and updates for the new year

by Susan Trabucco

It's a new year, and an appropriate time to talk about new things going on in the ever-changing Beaumont Village.

Ins, Outs, & Location Swaps

Two valued advertisers in the Beaumont-Wilshire newsletter have made location moves. Tax consulting firm **Sand's Solutions** moved from offices adjacent to the Dutch Village Building to a building on NE Sandy Blvd. Sand's Solutions owners Kurt and Donnette Sand purchased the property there and have already made the move. Kurt Sand, however, is quick to note the move had nothing to do with Beaumont Village, but instead was about the desire to own property.

"We were renting space, and the ownership changed, leaving some uncertainties," Sand said. "Owning our own building became our priority, and there was nothing available to meet our needs in Beaumont Village."

Don't be surprised, however, if you experience a Sand siting. "I still eat lunch in the village many days a week – people will continue to see us here."

So, if you need the advice of these professionals, visit Sands on Sandy!

continued on page 5

Neighbor participation integral to Wilshire Park initiatives

by Peter Mogielnicki

Mr. Rogers would have been pleased. November 23 was a "beautiful day in the neighborhood" as a group of enthusiastic rakers and weeders spent several hours working together and getting to know one another at Wilshire Park. The excuse for the event was the need to weed the NatureSpace area in the park to help the barely year-old native plants get established without competition. But first the carpet of fallen leaves needed to be removed to reveal the interlopers. The result: several hundred—perhaps thousands—of baby Douglas firs and oaks removed from the fertile, hospitable soil by the energetic crew. BWNA's Friends of Wilshire Park (FoWP) committee organized the event, which provided not only an opportunity for public-spirited individuals to steward the nascent NatureSpace, but also an occasion for chatting and socializing—oldsters in the group modeling community volunteerism for the upcoming generation.

Workers ranged in age from preschoolers to well past retirement, attention drawn to the event via the previous edition of the BWNA newsletter, Beaumont-Wilshire NextDoor website, FoWP informational e-mail, and through Quiet Clean PDX—a group advocating quieter alternatives to two-cycle, gas-guzzling, noisy yard maintenance equipment that pose health and environmental hazards to the community. Suffice it to say, the raking and weeding were not powered by fossil fuels,

continued on page 8



President's message

by Tim Hemstreet

BWNA gears up for a busy and fulfilling 2020

The holiday season is once again past, and the new year presents the opportunity to embrace changes and head in some new directions. Things are no different for BWNA, and 2020 has us embarking upon a few new projects while continuing to work on a number of meaningful ongoing projects.

A BWNA/BBA New Neighbor Welcoming Project is being launched to extend a hearty, personal greeting to newcomers, providing them with information about what the neighborhood has to offer and what makes this place we call home unique. Planning has been led by newsletter editor Al Ellis, with participation from local businesses coordinated by Beaumont Business Association organizer Kathy Madore, and collaboration with First American Title Company of Oregon business development representative Julie Fischer in identifying new B-W homeowners. Please give me, Al, or any other board member a heads-up with names and addresses of new residents, and we'll be able to pay them a welcoming visit.

In an effort to ensure we are reaching all of our neighbors, not just homeowners, BWNA will be working to distribute the newsletter to apartment buildings in the neighborhood, which requires coordination with those living in or managing those buildings. We'll also be revamping the BWNA website to better connect with the neighborhood and improve our ability to communicate with neighbors via email and convey information online. Stay tuned for those changes.

Another BWNA initiative for 2020 will be partnering with the Beaumont Middle School (BMS) Parent-Teacher Association

and Alameda Neighborhood Association to bring a fundraising cleanup event to the neighborhood this spring for the benefit of the community and in support of BMS and BWNA activities. BWNA will also continue to sponsor the Sparrow Clubs project at BMS, which provides students the opportunity to volunteer their time to help a child in medical need.

Additionally, BWNA will be organizing efforts to clean up and replant the public stairs between Alameda and Wisteria at 42nd Avenue, following in the footsteps of a similar project a number of years ago on the stairs near 44th Avenue, which was spearheaded by former BWNA board member Dave Whitaker. And BWNA will continue to support the efforts of the Friends of Wilshire Park Committee to raise funds for improvements to our neighborhood park.

All of this takes time and effort, and another goal of BWNA in 2020 is to reach out to neighbors for support in bringing these projects to fruition with board members at the vanguard. Speaking of which, an opportunity to serve on the board is there for the taking, with three board positions open for civic-minded residents to step up and fill.

Good luck to everyone on fulfilling your New Year's resolutions and on your 2020 projects. If getting more involved in your neighborhood is one of those goals, then please drop me a line.

Thank you and Happy New Year.

Our Organization

BWNA Board

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Tim Hemstreet 503-239-6231
president@bwna.us

Vice-President

Kathy Campbell 503-515-6225

Secretary

Barbara Strunk 503-284-7502

Treasurer

Karla Lenox 503-686-5915
treasurer@bwna.us

Board Members at Large

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Tim Gillespie 503-287-6272
Cliff Goldman 503-282-1150
Gary Hancock 503-367-0862
Deb Harris 503-284-4449
Laurie Holtz 621-327-5595
Rich Woyma 971-488-0140
(three open positions)

Related Organizations

Beaumont Business Association

Kathy Madore
beaumontbusinesses@gmail.com

Central Northeast Neighbors Board

Barbara Strunk 503-284-7502
Tim Hemstreet 503-239-6231

Areas of Interest

- **Beaumont Middle School**
Tim Gillespie 503-287-6272
- **Crime Prevention**
Bill Markwart 503-282-4610
- **Transportation**
Jim Howell 503-284-7182
- **Land Use**
Tim Hemstreet 503-239-6231
- **Newsletter**
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Myrna Sheie 224-659-1537
Distribution:
Georgina Head 360-739-7896
John Sandie 219-508-4162
Ad Submission and Payments:
Instructions at www.bwna.us
- **Friends of Wilshire Park**
Gary Hancock 503-367-0862
- **Website (www.bwna.us)**



Editor's notes

by Al Ellis

Did you make any resolutions based on what went right or wrong this past year? On one

hand, 2019 is water under the bridge, so get over it and move on. On the other, hindsight is 20/20, so live and learn. I suspect for most people it's a combination of the two; but for our newsletter, it's decidedly the latter perspective.

Looking back on the year, a major positive was the newsletter's seamless transition from 12 to 16 pages. Early on, there was some skepticism from the board: would the added cost be worth it? Would there be enough ads to finance it? Would there be sufficient content to fill the pages? No doubt it was uncharted territory, but it was also clear (at least to me as editor) that the time had come for expansion in the face of repeated postponements of articles due to lack of space, which is especially problematic in a bimonthly publication like ours. Well, the doubts are assuaged. As you can see in this issue, the pages are replete with articles and ads, and revenue generated from new advertisers has kept pace with the increase in publication costs. Moreover, additional space has allowed us to accommodate a greater variety of content, principally from inclusion of article submissions from residents at large.

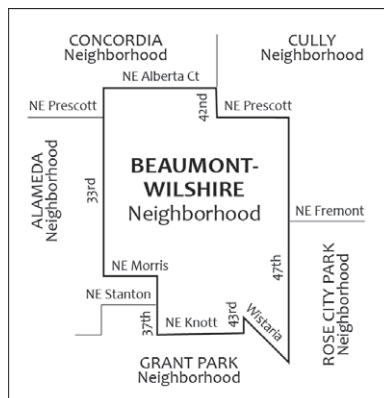
The newsletter's style and content, however, have not always been to the liking of readers this past year—namely those admittedly edgy articles about both demolition-related residential infill development policy and rhetoric from Commissioner Chloe Eudaly and Office of Community & Civic Life Director Suk Rhee censuring neighborhood associations and their leaders as elitist, insular, and even racist. As an editor and as a reporter, my response to the critics is two-fold. First, we stand behind the facts presented in our articles. Second, it's fully understood that articles for public consumption open the door for public scrutiny, which the board welcomes in the

form of thoughtful "Letter to the Board" editorials (limited to 150 words), the most recent of which can be found on page 14. I should add that "Letter to the Board" editorials need not be confined to criticism of articles. Letters can, and often do, speak to any neighborhood issue or local concern.

Constructive criticism also emanates from within. A newsletter team member posed the following question to me: is it appropriate for an editor to also be a reporter and editorialist? The question implies that it would be wise for me to steer clear of the controversy inherent in editorial writing and investigative reporting. Fair question. My observation is that most newspaper and magazine editors write commentaries and occasionally pen articles. It's extra work, and a bit of a risk, but also gratifying.

Speaking of which, our newsletter received its share of compliments in 2019 as well, and particularly heartening was a recent e-mail received from Brian and Robin Crumrine, owners and operators of the **Alberta Petite Hotel** on NE Alberta Street, which, I am happy to announce, is our newsletter's newest advertiser. Their message to us was simple and sweet: *"The Newsletter you all publish is great—we look forward to it arriving every other month."* Welcome aboard, Robin and Brian!

Best wishes for a happy and productive 2020! (resolutions notwithstanding...)



Calendar of Events (cont.)

BWNA Meetings

Location and Time:

Bethany Lutheran Church
Corner of NE Skidmore and 37th
7:00-8:30 p.m.

Board meetings in Library Meeting Room
(enter on 37th side of church)

General meetings and Friends of Wilshire
Park committee meetings in Fellowship Hall
(down walkway on Skidmore side)

Wednesday, January 8: Friends of Wilshire
Park Committee Meeting (6:00 p.m. start time)

Monday, January 13: Board Meeting

Monday, February 10: General Meeting

Wednesday, February 12: Friends of Wilshire
Park Committee Meeting (6:00 p.m. start time)

Monday, March 9: Board Meeting

BWNA Newsletter

Submission Deadline

Friday, February 14 (for the March-April
newsletter)

E-mail articles and Letter to the Board
editorials to Al Ellis (editor@bwna.us)

E-mail photos, graphics, and ads to
Jane Feinberg (design@bwna.us)

Ad Payment

Please make checks payable to BWNA and
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Beaumont Village (continued)

In a Fremont to Fremont shift, valued advertiser **Frazier Wealth Management** moved its offices to the east side of 42nd Avenue into the former Albina Bank office space at 4020-B NE Fremont Street. Principal Andrew (Andy) Frazier said the move was motivated by several things, including the ability to offer off-street parking to customers and to enjoy more natural light in the space. But knowing the financial services firm has a place to call home for an extended period was the clincher.

“We were able to secure a longer-term lease, which gives us stability. We like knowing we have longevity in this great neighborhood,” Frazier said.

Red Sauce Pizza, formerly on 42nd Avenue and known for an iconic upside-down pizza sign that pre-dated Red Sauce, recently moved to 4641 NE Fremont Street. This location had previously been home to Alameda Cafe, then Thrive Bowl, and most recently, Anchor End Bakery.

Dutch Village Building updates

At the Beaumont-Wilshire November board meeting, Darren Stowell, new owner of the Dutch Village building at the intersection of Fremont and 42nd Avenue, (featured on the front page of the November-December 2019 newsletter) was the guest speaker. He revealed to attendees his plans to restore and modernize the Dutch Village building on the inside, while preserving and enhancing its iconic architectural facade on the outside. In a more recent conversation, Stowell said four upstairs apartments original to the building that were lightly used as offices over the last 20 years are under renovation, with an early 2020 completion anticipated. While making modern updates to the kitchens and baths, Stowell is bent on saving the vintage elements in the apartments.

“These units have charming period features still intact,” Stowell said. “They include the windows, trim molding, and wood floors that turned out beautifully after refinishing.”



The Dutch Village Building at 42nd & Fremont streets was recently purchased by Darren Stowell. He's currently seeking ground-floor commercial tenants and renovating upstairs apartments. Photo by Susan Trabucco



Red Sauce Pizza, sporting its iconic upside-down sign, was formerly on 42nd Avenue. The business recently relocated to 4641 NE Fremont Street. Photo by Susan Trabucco

On the ground floor, Stowell is seeking to secure new tenants for three empty spaces, two of which pre-date his ownership. His interest is in finding businesses that will be synergistic with the existing businesses, and ones that he hopes will bring more people to the corner over more hours of the day.

“The right kind of business can help drive traffic to this corner,” Stowell said. “My aim is to bring new energy here.”

Stowell does hope to draw a new yoga business to a space in an adjacent building on 42nd Avenue, just behind the Dutch Village building. The space was previously leased to this type of enterprise.

“The space is set up for it, and I think a yoga studio brings a community element here,” he said. “It also brings more people to the corner throughout the day.”

While he's in conversations with around seven interested parties for the Fremont-facing spaces, finding the right businesses to move in is important to Stowell.

“I'm interested in hearing what residents and business owners feel would be important additions to the district,” he said. “What would fill a need?”

Do you have ideas for Darren Stowell? He welcomes suggestions via e-mail (darren@ts5properties.com).

SAND'S

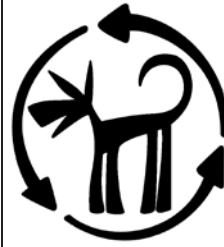
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Gardeners can do their bit to control climate change—even in winter

by Barbara Strunk

The pace and extent of climate change are frightening and overwhelming. Actions to mitigate the crisis include reducing the use of fossil fuels, installing solar panels, and avoiding driving and flying. But neighborhood gardeners can help limit climate change as well, while feeding their souls by tending their own green space.

Control of atmospheric carbon is central to slowing climate change; in fact, it may be key to the survival of our species and the planet. The effort to plant more carbon-absorbing trees is crucial, and growing a diversity of garden plants is also important. While growing healthy plants, we take care of our soil. Photosynthesis of growing plants absorbs carbon and releases oxygen. Carbon is used to build plant tissue, from stems to roots. Healthy soil holds more carbon than the atmosphere and all vegetation combined. Only the ocean is a greater carbon sink than healthy soil. What a great system! Good plants are grown and the planet survives.

Plant material left to decompose in the soil results in soil organic matter that sequesters carbon and feeds soil microbes. Make a compost pile and dig the decomposed plant material into your garden. Now that it's winter, use a cover crop like clover or alfalfa on your vegetable beds, and dig it into the soil in the spring. This feeds the beneficial soil fungi that fix the carbon and nitrogen, helping your plants grow.



Avoid tilling the soils. Tilling damages the essential microbial communities and structure of the soil, reducing fertility and drainage. The carbon in plant roots and microorganisms brought to the surface by tilling is exposed to the atmosphere, which turns it into carbon dioxide gas. Here we go again—we are putting carbon into the atmosphere. Poorly drained soils cause runoff and negatively change the balance of fungus and bacteria in the soil.

Use herbicides sparingly. If used, paint them on the plant target rather than spraying. It is not yet known what effect herbicides may have on the soil microbes essential to plant growth and our production of food.

Grow a diversity of plants to extend the growing and carbon sequestration season and encourage a range of soil microbes that help plants use carbon. Growing plants with different root structures also enhances the stability of soil structure. Don't leave much unplanted soil. Mulch any bare soil with bark chips. Insects and birds that are also a part of our ecosystem will benefit. And we humans can enjoy flowers and foliage during all four seasons.

Thus, by growing a garden we are doing our bit to help control climate change. Plant plants and nurture your soil...and your soul.

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Responsible residential demolition practices update

by John Sandie

In July 2018, Portland instituted a milestone—the first municipal ordinance mandating requirements for contractors applying for a permit to remove a residential structure that contained four or fewer living units. Additionally, the Bureau of Development Services (BDS), which has jurisdiction over the issuance of demolition permits, was instructed to monitor the new program and report back to City Council in 18 months with respect to compliance and effectiveness. In preparation for the status report, BDS reconvened its Development Review Advisory Committee (DRAC) Demolition Subcommittee to provide assessments and recommendations. Members of the subcommittee included BDS office staff, on-site inspectors, infill development contractors, interested DRAC members, and representatives from a variety of neighborhood groups, including United Neighborhoods for Reform (UNR), a citywide preservationist organization with BWNA roots. Meetings were open to the public and well attended.

Candid presentations by the BDS inspector group exposed ongoing difficulties, especially the problem of inspectors not being able to be on site during the majority of demolitions since the launching of the program—a serious weakness impacting collection of sound data regarding protection of public health. While pre-demolition inspections, post-demolition inspections, and closeout reports are key to checking for acceptability of plans and contractor

understanding of required responsibilities, the subcommittee went further, supporting proposals that would greatly increase on-site visibility by BDS inspectors, accomplished by a combination of tighter communications and time-certain scheduling and/or employment of real-time video skyping between contractors and off-site inspectors during mechanical demolitions. Subcommittee recommendations were scheduled to be presented to the full DRAC in December, followed shortly thereafter by DRAC recommendations to BDS, then City Council hearings in January.

Public oversight of the evolving program will include members of United Neighborhoods for Reform, which played a key part in getting Oregon State SB871 passed, paving the way for Portland's "responsible demolition" ordinance. While disappointed in the BDS status report regarding verification of compliance, UNR was encouraged by subcommittee discussions and suggestions with respect to improving the level of verification in an effort to minimize public health risks during residential demolitions. In a related item, City Council approved a measure that requires deconstruction (disassembling by hand for recycling and reuse) during removal of residential-zoned structures built before 1940 (extended from "before 1917"), with the ultimate goal of requiring deconstruction for all residential demolitions—a top UNR priority.

Wilshire Park initiatives (continued)

hazards to the community. Suffice it to say, the raking and weeding were not powered by fossil fuels, but by a generous offering of delicious breads and pastries donated by Grand Central Bakery to boost energy levels!

NatureSpace maintenance is not the only ongoing project on the FoWP docket. The campaign to raise funds to replace the playhouse still has a way to go to reach its goal, but given the number of youngsters using that playground, there should be little difficulty getting there. Checks (which are tax-deductible and should say "For Wilshire Park Playground" on the memo line) can be mailed directly to Central Northeast Neighbors, 4415 NE 87th Avenue, Portland, OR 97220, or submitted to a board member at any BWNA meeting, including FoWP committee meetings. (Note in this issue's "BWNA Calendar of Events" on page 3 under "BWNA Meetings" that the starting time for FoWP meetings on the second Wednesday in January and February is 6:00 p.m. instead of the usual 7:00). There's no shortage of talent in this beautiful neighborhood, and ideas about how to fund park improvements are always welcome for discussion at FoWP meetings!

Lastly, conversations continue with Portland Parks & Recreation about water and more fencing at the off-leash dog area. FoWP

member Audene Walraven kicked off the fundraising for that initiative with a wonderful piano recital of show tunes and classical pieces at her home in early November, and an open house fundraiser at her home (3724 NE 36th Avenue) featuring warm, hearty soup and delicious breads is scheduled for Saturday, February 1, 2020, from noon to 8:00 p.m. The fundraisers are a labor of love for Audene, who has been a regular at FoWP meetings since the committee's inception over a year ago, and she encourages individual residents as well as families to kick off their February at her house, saying, "Meet old friends, greet new neighbors, and bring the kids to participate in fun activities. All donations are earmarked for beautification and upkeep of our park."

Editor's note: In addition to its natural beauty and recreational utility, Wilshire Park enhances the environment with its tree canopy. But according to Friends of Trees, Beaumont-Wilshire's canopy has a lot of room to expand. Former BWNA Board member and current Beaumont-Wilshire Friends of Trees representative Janet Baker urges residents to "make our neighborhood a greener place to live" by signing up now with Friends of Trees (www.friendsoftrees.org) to have trees planted in their parking strips and/or yards on April 4, 2020. This year's planting goal: 100 trees. Janet is happy to field questions via e-mail (janbak@pacifier.com) or phone (503-288-3441).

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Back Pain: Which of These Costly Mistakes Will You Make When Trying to End Back Pain?

by Leading Back Pain Expert, Dr. Carl Baird, DC, MS



Dr. Carl Baird, DC, MS

When back pain starts, it's easy to think "oh it's just an ache and will go away tomorrow." Or maybe you assume you just tweaked during your daily routine or activity with friends. Even worse, maybe you think "it's normal" because you're getting older.

But months (or even years) have gone by and you're still suffering with the daily, annoying, back pain that is making

it hard to really enjoy your favorite activities. Is that how you're feeling right now? If so, you're not alone....

Over the last 10 years I've been working with people aged 40+ find relief from chronic back pain - and what I've found is many start with false beliefs that have been repeated to them by family, friends, or even their doctors!

These false beliefs lead to costly mistakes that leave you suffering with back pain for much longer than you should.

In no particular order, here are the most common mistakes people aged 40+ make when looking to overcome back pain:

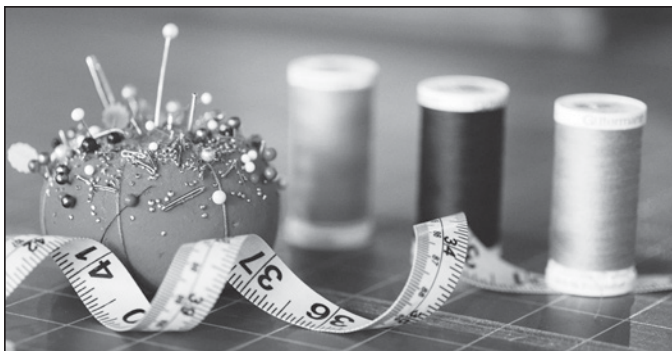
- Believing that it will be fixed with more rest and pain killers
- Assuming it's a normal part of getting older and you have to 'live with it'
- Thinking that because therapy hasn't worked in the past means it won't work now.

These mistakes lead to people feeling unsure about what to do next. And as a result, they wait weeks, months, and years without doing anything - only to make the back pain worse! We want to help give you some answers...

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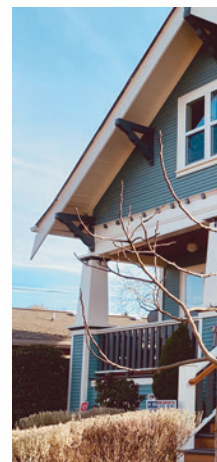
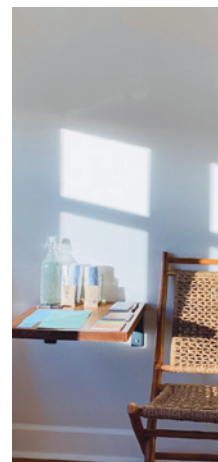
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Back to the future for neighborhood associations in 2020

by Al Ellis

Attending last November's twilight City Council hearing in North Portland devoted exclusively to consideration of a code change initiative by the Office of Community & Civic Life (formerly the Office of Neighborhood Involvement), the sense of déjà vu in the room was inescapable. The proposed code change would (in the words of initiative proponents) end "privileged status" for a neighborhood association system dominated by "older, white, residential homeowner" residents at the expense of historically underrepresented groups (e.g., people of color, non-native English speakers, renters). We had been here before—usual suspects, familiar rhetoric.

Travel back to 2014 when demolition of existing homes to make way for ubiquitous construction of highly profitable million-dollar so-called "McMansions" and (supposedly) "affordable" apartments, duplexes, and triplexes was emerging as the front-burner issue for many neighborhoods throughout the city, giving rise to the BWNA-inspired grassroots organization called United Neighborhoods for Reform (UNR), whose resolution to save viable homes from the bulldozer, preserve neighborhood character, and mitigate health-injurious fallout from demolitions ended up being endorsed by over 40 neighborhood associations throughout the city. Subsequently, a rival grassroots infill development organization was formed with financial backing from 1000 Friends of Oregon, calling itself Portland for Everyone (PFE). While both advocacy groups opposed construction of oversized, expensive single-family homes in established residential neighborhoods,

PFE and UNR parted ways on density expansion policy—PFE pushing for construction of affordable "plexes" with minimum on-site parking in the heart of predominately single-family-home neighborhoods (the so-called "missing middle") with hardly any vacant lots on which to build—and UNR pushing back that such a policy would incentivize demolitions of existing entry-level homes, already in short supply.

Fast forward to 2019, and UNR and PFE are at it again, but this time on the topic of neighborhood association inclusivity and efficacy—PFE activists vilifying the "white power elite" leadership of neighborhood associations for creating an unwelcoming environment for minorities, and UNR activists decrying the accusations as inaccurate.

Ironically, the two sides seem headed back to square one in 2020. Civic Life's controversial code change initiative—long on platitudes, but short on practical specifics—has essentially been tabled, with plans to create a more broadly based stakeholders' committee to re-examine the issues. Additionally, there's the distinct possibility of regime change at the bureau, as candidates line up to run against Commissioner Eudaly in May 2020, including charismatic pro-neighborhood association candidate Mingus Mapps. As for infill development, the state legislature has eliminated single-family housing zones from the picture, leaving Portland City Council to mull over Planning Commission recommendations and revisit public testimony beginning on January 15. In effect, it's back to the future for the UNR versus PFE debate—with the shape of our neighborhoods in the balance.

Did you know?

December's Fremont Holiday Fest was a sparkling success! In addition to holiday crafts, games, carolers, and shopping, Santa and Mrs Claus welcomed star-struck fans of all ages. Be sure to put Fremont Holiday Fest on your 2020 calendar.



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A Valentine's Day dessert delight from Kathy's Kitchen!
by Kathy Campbell

Strawberries and Champagne Cheesecake

1 c champagne or other sparkling wine
2 c chocolate graham cracker crumbs
(about 14 whole crackers)
2 c sugar, divided
½ c butter, melted
1 c sliced fresh strawberries

3 pkg (8 oz. each) cream cheese, softened
½ c sweetened condensed milk
2 Tbsp cornstarch
2 large eggs, slightly beaten
2 large egg yolks

For the topping:

20 fresh strawberries, hulled
⅓ c milk chocolate chips
1 tsp shortening, divided
⅓ c white baking chips
1 c heavy whipping cream
¼ c confectioners' sugar

Place champagne in a small saucepan. Bring to a boil; cook until liquid is reduced to about ¼ cup, about 8 minutes. Set aside to cool.

In a small bowl, combine the cracker crumbs, ½ c sugar, and butter. Press onto the bottom and 1½ inches up the sides of a greased 9-inch springform pan; set aside. Arrange sliced strawberries over the bottom.

In a large bowl, beat cream cheese and remaining sugar until smooth. Beat in the sweetened condensed milk, cornstarch and reduced champagne. Add eggs and egg yolks; beat on low speed just until combined. Pour over strawberries. Place pan on a baking sheet.

Bake at 325° for 55-60 minutes or until center is almost set. Cool on a wire rack for 10 minutes. Carefully run a knife around edge of pan to loosen; cool 1 hour longer. Refrigerate overnight.

Remove sides of springform pan. For topping, wash strawberries and gently pat dry with paper towels. Once dry, slice and arrange over cheesecake. In a microwave, melt chocolate chips and ½ tsp shortening; stir until smooth. Drizzle over strawberries. Repeat melting and drizzling with white baking chips and remaining shortening.

In a small bowl, beat cream until it begins to thicken. Add confectioners' sugar; beat until soft peaks form. Serve cheesecake with whipped cream.

Calling all Volunteers!



BWNA has volunteer opportunities to suit every interest! From serving on the board to delivering the newsletter to reporting/article writing to offering your neighbor a hand or helping to maintain and beautify Wilshire Park, there's much work to be done to keep our neighborhood strong. Want to know more? Contact Al Ellis (editor@bwna.us) and get involved!



Letter to the Board: Headline tempering

by Maya Lopez

I want to call your attention to the headline in the September-October 2019 newsletter that reads, “Eudaly in the eye of the neighborhood association tiger.” In this time of vitriol and aggression in public discourse, I am dismayed to see this in our wonderful BWNA newsletter. To be “in the eye of the tiger” refers to the last thing prey sees before it is killed and eaten by the tiger. While Chloe Eudaly has certainly drawn the ire of the neighborhood associations, this reference goes too far, and I believe that it was unintentional. It is my hope that a brief apology and clarification will be in the next newsletter with an emphasis that we are passionate about our neighborhoods, but wish no one harm.

Thank you for the many years of work and commitment to our neighborhood. It is truly appreciated. I hope you can read my feedback in the spirit in which it is intended, which is in the spirit of keeping our corner of the world above the awful fray without compromising our beliefs and opinions.

Editor's reply: Constructive criticism is always welcome at this newsletter, and I do appreciate your feedback and concern. "Eye of the tiger" was used in the title of the article in an effort to capture the outrage and pushback by neighborhood associations throughout the



city, including BWNA, to the combative rhetoric by Commissioner Eudaly and Director Rhee as well as the lack of transparency and inclusiveness in the “code change proposal” process. With respect to the prey-kill connotation associated with “eye of the tiger”—it completely escaped me until your letter. (Truth be told, my inspiration came from the song of the same name.) In hindsight, “eye of the storm” would have served my purpose just as well.

Maya's response: Thank you so much! As I said, I suspected that it was an oversight. I really appreciate your willingness to listen and respond.



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Creative, resourceful Kiran Mistry makes a smiling impression

by Mark Mohammadpour

This issue's advertiser profile interview is with Kiran Mistry, DDS, Beaumont Village Dentistry, 4414 NE Fremont Street.

Please share a little about yourself and Beaumont Village Dentistry.

After practicing dentistry for eight years, I finally found the dental practice that fits my personality and is in a neighborhood I love. I inherited an amazing team that has been together for almost 15 years and wonderful patients who continue to come back after 30+ years and who refer their friends and families, too. What sets us apart from other dental offices is our attention to detail, our genuine care for our patients, and our commitment to providing the highest level of care we can. We go out of our way to accommodate people who need a little more care.

What do you like about being a dentist?

I love seeing and talking to my patients, many of whom have amazing stories to tell or who just have been through life experiences that are so different from mine. I'm also passionate about working with my hands and finding creative ways to restore people's smiles. Dentistry is truly a blend of art and science. Before going to dental school, I studied engineering, because I always have felt the need to work with my hands and to solve problems. I love woodworking, fixing anything I can get my hands on, and as a child, I was passionate about art. I like to believe that I can think "outside the box," which is important in a field like dentistry, because there are often multiple ways to fix teeth and keep people chewing and smiling.



Kiran and Priya Mistry with daughter Sarina and son Rohan. Beaumont Village Dentistry recently celebrated their one-year anniversary on NE Fremont Street. Photo by Mark Mohammadpour

Talk about the Beaumont-Wilshire community. What has your experience been like so far serving customers in the neighborhood?

It's very satisfying being part of a close-knit community like Beaumont-Wilshire. I'm lucky to have support from inspiring businesses nearby. Many of my patients live in the neighborhoods nearby, and it's great to see people stop by and say hi when they are out for a walk. It's been a pleasure participating in neighborhood festivals such as Fremont Fest and Dash to Donuts this past year, as it's allowed me to connect with great people. I'm also excited to see so many wonderful people who have lived in the neighborhood for

decades walking into our office recently to become patients when their previous dentist retired.

What is your 2020 resolution?

I resolve to get in good physical shape this year. The past three years I have been so busy with my work and raising small children that I haven't had time to focus on my health. Maintaining great health and healthy eating habits are vital to enjoying life, especially as we age.

One final tip from Kiran:

One of my particular interests in dentistry is caring for people who have been through or are currently going through cancer treatment. Chemotherapy and radiation often cause dry mouth, which can result in a lot of dental decay in uncommon areas, so it's important to have regular dental checkups through that process.

Kiran, thanks for all you do for your patients and for the Beaumont-Wilshire community!



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